

ABSTRACT

The purpose of this research is to create a micro-emulgel and suppositories to cure hemorrhoids with natural ingredients like chicken bile and the *Teucrium polium* extracts. Because ethanol maceration is a straightforward and economical method, we first used it to extract the bioactive components. While several ratios were attempted to identify the ideal extraction conditions for chicken bile, *Teucrium polium* extraction was optimized using a Box-Behnken design. The main response variables chosen were the total phenolic compounds and the extraction yield. The biological activities of *Teucrium polium* and chicken bile extracts were assessed after optimization, with an emphasis on their anti-inflammatory, antibacterial, and antioxidant abilities. These results led us to devise a formulation technique. In order to improve the suppository formulation, several excipient ratios were tried, and the best combination was eventually found. An ideal formulation of the micro-emulgel was achieved by optimizing spreadability and viscosity by the use of a mixture lattice design.

Key words:

Hemorrhoids, chicken bile *Teucrium Polium*, maceration, optimization, box behnken design, mixture lattice design, biological activities, suppositories, microemulgel.

RESUME

Le but de ce travail est de formuler un micro-émulgel et des suppositoires pour guérir les hémorroïdes avec des ingrédients naturels tels que la bile de poulet et la plante *Teucrium polium*. L'extraction par macération à l'éthanol étant une méthode simple et économique, nous l'avons d'abord utilisée pour extraire les composants bioactifs. Alors que plusieurs ratios ont été tentés pour identifier les conditions d'extraction idéales pour la bile de poulet, l'extraction de *Teucrium polium* a été optimisée à l'aide d'un plan de Box-Behnken. Les principales variables de réponse choisies étaient la teneur totale en composés phénoliques et le rendement d'extraction. Les activités biologiques des extraits de *Teucrium polium* et de bile de poulet ont été évaluées après optimisation, particulièrement les activités anti-inflammatoires, antibactériennes et antioxydantes. Ces résultats nous ont amenés à concevoir une technique de formulation. Afin d'améliorer la formulation des suppositoires, plusieurs ratios d'excipients ont été essayés, et la meilleure combinaison a finalement été trouvée. Une formulation idéale du micro-émulgel a été obtenue en optimisant l'étalement et la viscosité par l'utilisation d'un plan de mélange.

Mots clés :

Hémorroïdes, bile de poulet *Teucrium Polium*, macération, optimisation, plan box behnken, plan de mélange, activités biologiques, suppositoires, microémulgel.

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